

Action	Feature	OneNumber™ Health	OneNumber Pro
<b>Manage Your Nutrition</b>	Personalized <i>OneNumber</i> ™ Food Ratings*	X	X
	Personalized Weight Objective	X	X
	Personalized Dietary Restrictions	X	X
	Hundreds of Thousands of Foods	X	X
	Search Whole Foods	X	X
	Search Branded Foods	X	X
	Typed Search	X	X
	Vocal Search	X	X
	Barcode Search	X	X
	Macronutrients Displayed	X	X
	Calories Displayed	X	X
	Micronutrients Displayed	X	X
	Continuous Fiber Consumption Dial	-	X
	Editable Personalized RDA** List	-	X
	Favorite Foods List	-	X
	Recently Eaten List	-	X
	Build a Meal/Recipe Tool	-	X
	Daily Food Diary	-	X
	Macros Consumption History	-	X
	Micros Consumption History	-	X
Test Food Before You Eat It	-	X	
<i>OneNumber</i> Rating History Displayed	-	X	
Hydration (Water) Monitoring	-	X	
<b>Manage Your Weight</b>	Personalized <i>OneNumber</i> Food Ratings*	X	X
	Calories Displayed	X	X
	Continuous Auto Calorie Balance	-	X
	Auto Resting Calorie Burn	-	X
	Auto Activity Burn, or	-	X
	Access Tracker Activity Burn Data	-	X
	Continuous Real Time Fat Loss/Gain Display	-	X
	Energy Consumption History	-	X
Net Calorie Balance Graphs	-	X	
<b>Manage Your Fitness</b>	Auto Activity Burn Calculator, or	-	X
	Access Wrist Tracker Activity Data	-	X
	Manually Enter Steps/Floors	-	X
	Enter/Edit a Workout	-	X
	Workout Burn Calculator	-	X
<b>Shopping</b>	Personalized <i>OneNumber</i> Shopping Lists	-	X
<b>Dining out</b>	Choose Restaurants With Healthier Menus	-	X
	On Arrival - Personalized Menu Item Ratings	-	X
<b>Other</b>	In-App Help	X	X
	Ads	no	no
	Backs Up User Data	no	X
	Sells/Shares User Data	no	no
	Subscriptions	no	no
	In-App Purchases	no	no
	Editable Preferences	X	X

\* Redirects to high nutrition/low energy density foods tailored to your personal needs

\*\* Recommended Daily Allowances